

# 2026 ANCHORAGE TRYOUTS

GRACE CHRISTIAN SCHOOL | MARCH 27-28



**NYO is a year-round program** that has a quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 434 NYO athletes in grades 7-12 who competed in the 2025 Sr. Games offered the following insight:

- **78%** credited NYO as an incentive to **stay in school**
- **70%** improved or maintained good **grades** in order to continue participation in NYO games.
- **87%** improved an element of their health through participation.
- **68%** see themselves as a **role-model** for future NYO athletes
- **94%** learned about **Alaska Native culture** and values
- **97%** developed new friendships with other athletes, coaches, and teachers
- **85%** said they feel like they **belong in their community** after participating in NYO

## FRIDAY | MARCH 27

9 a.m. *Registration*

9:30 a.m. *Welcome!*

9:45 a.m. **Scissor Broad Jump**

11:00 a.m. **Wrist Carry**

1:00 p.m. **Inuit Stick Pull**

2:30 p.m. **Alaskan High Kick**

4:00 p.m. **Two-foot High Kick**

## SATURDAY | MARCH 28

9 a.m. *Registration*

9:30 a.m. *Welcome!*

9:45 a.m. **Kneel Jump**

10:45 a.m. **One-hand Reach & Toe Kick**

Noon **Dene Stick Pull**

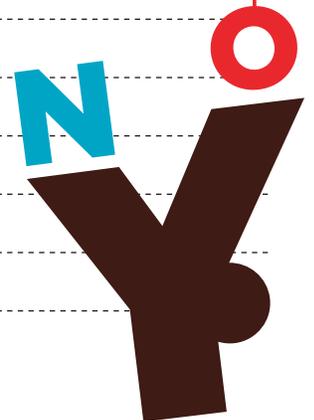
2 p.m. **One-foot High Kick**

3:30 p.m. **Seal Hop**

*\* Dates and times are subject to change; timing of each event is estimated, and dictated by length of individual contests*

For more information contact [nyo@citci.org](mailto:nyo@citci.org)

Keep track of everything NYO at [nyogames.com](http://nyogames.com)



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