

# 2025 Sr. GAMES

ALASKA AIRLINES CENTER, UAA CAMPUS | ANCHORAGE | APRIL 24-26



NYO is a year-round program that has a quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 316 NYO athletes in grades 7-12 who competed in the 2024 Sr. Games offered the following insight:

- **87%** credited NYO as an incentive to stay in school.
- **60%** improved or maintained good grades in order to continue participation in NYO games.
- **100%** improved an element of their health through participation.
- **85%** see themselves as a role-model for future NYO athletes
- **94%** learned more about Alaska Native culture and values
- **97%** developed new friendships with other athletes, coaches, and teachers
- **53%** indicated they practice 4 or more hours per week

 NYO Games Alaska & Cook Inlet Tribal Council, Inc.

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## THURSDAY | APRIL 24

- 9 a.m. Registration
- 10 a.m. Coaches' meeting
- 11 a.m. Cultural performance
- 11:30 a.m. Opening Ceremonies
- 12:30 p.m. Toe Kick & awards
- 2 p.m. Wrist Carry & awards
- 4:30 p.m. Alaskan High Kick & awards

## FRIDAY | APRIL 25

- 9 a.m. Registration
- 9:30 a.m. Coaches' meeting
- 10 a.m. Scissor Broad Jump & awards
- 11:30 a.m. Celebration of Graduates & Blanket Toss
- 12 p.m. Inuit/Eskimo Stick Pull & awards
- 2:30 p.m. Academic Excellence awards & NYO Academic Scholarship award
- 2:45 p.m. One-hand Reach & awards
- 4:30 p.m. Two-foot High Kick & awards

## SATURDAY | APRIL 26

- 9 a.m. Registration
- 9:30 a.m. Coaches' meeting
- 10 a.m. Kneel Jump & awards
- 11:30 a.m. Dene/Indian Stick Pull & awards
- 1:30 p.m. One-foot High Kick & awards
- 4:00 p.m. Seal Hop & awards
- 5:30 p.m. Closing Ceremonies & awards

FREE PARKING IN DESIGNATED LOTS

Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests

For more information, visit [nyogames.com](https://nyogames.com)

