

# 2025 JR. GAMES SCHEDULE\*

AVIS ALASKA SPORTS COMPLEX, UAA | ANCHORAGE | FEBRUARY 28 – MARCH 2



NYO is a year-round program that has quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 316 NYO athletes in grades 7–12 who competed in the 2024 Sr. Games offered the following insight:

**87%** credited NYO as an incentive to stay in school.

**60%** improved or maintained good grades in order to continue participation in NYO Games.

**100%** improved an element of their health through participation in NYO.

**85%** see themselves as a role-model for future NYO athletes.

**94%** learned about Alaska Native culture and values.

**97%** developed new friendships with other athletes, coaches, and teachers.

**89%** athletes stopped or reduced the use of tobacco, drugs, or alcohol.

**116** of the 316 athletes practice at least 4 or more hours per week

## FRIDAY | FEBRUARY 28

### Grades 5–6 & 7–8

- 9 a.m. *Registration*
- 10 a.m. *Coaches' meeting*
- 10:15 a.m. *Welcome!*
- 10:30 a.m. **Scissor Broad Jump & Awards**
- Noon *Lunch*
- 12:30 p.m. **Alaskan High Kick & Awards**
- 2:30 p.m. **Inuit/Eskimo Stick Pull & Awards** (*Grades 5 & 6 only!*)
- 4:30 p.m. **One-Foot High Kick & Awards**

## SATURDAY | MARCH 1

### Grades 3–4 & 7–8

- 9 a.m. *Registration*
- 9:45 a.m. *Coaches' meeting*
- 10 a.m. *Welcome!*
- 10:15 a.m. **Two-Foot High Kick & Awards**
- 12:15 p.m. *Lunch*
- 12:45 p.m. **Arm Pull & Awards**
- 2:45 p.m. **Wrist Carry & Awards**

## SUNDAY | MARCH 2

### Grades 1–2 & 7–8

- 9 a.m. *Registration*
- 9:45 a.m. *Coaches' meeting*
- 10 a.m. *Welcome!*
- 10:15 a.m. **Kneel Jump & Awards**
- Noon *Best Banner Award*
- 12:30 p.m. **Inuit/Eskimo Stick Pull & Awards**
- 2:30 p.m. **Seal Hop & Awards**

### FREE PARKING AT DESIGNATED LOTS

\* Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests.

For more information contact [nyo@citci.org](mailto:nyo@citci.org)

 NYO Games Alaska & Cook Inlet Tribal Council, Inc.

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