# 2025 JR. GAMES SCHEDULE\*

AVIS ALASKA SPORTS COMPLEX, UAA | ANCHORAGE | FEBRUARY 28 - MARCH 2



NYO is a year-round program that has quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 316 NYO athletes in grades 7–12 who competed in the 2024 Sr. Games offered the following insight:

credited NYO as an incentive to stay in school.

improved or maintained good grades in order to continue participation in NYO Games.

improved an element of their health through participation in NYO.

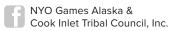
see themselves as a role-model for future NYO athletes.

94% learned about Alaska Native culture and values.

developed new friendships with other athletes, coaches, and teachers.

athletes stopped or reduced the use of tobacco, drugs, or alcohol.

of the 316 athletes practice at least 4 or more hours per week







## **FRIDAY | FEBRUARY 28**

Grades 5-6 & 7-8

9 a.m.	Registration
10 a.m.	Coaches' meeting
10:15 a.m.	Welcome!
10:30 a.m.	Scissor Broad Jump & Awards
Noon	Lunch
12:30 p.m.	Alaskan High Kick & Awards
2:30 p.m.	Inuit/Eskimo Stick Pull & Awards (Grades 5 & 6 only!)
4:30 p.m.	One-Foot High Kick & Awards

## **SATURDAY | MARCH 1**

Grades 3-4 & 7-8

9 a.m.	Registration
9:45 a.m.	Coaches' meeting
10 a.m.	Welcome!
10:15 a.m.	Two-Foot High Kick & Awards
12:15 p.m.	Lunch
12:45 p.m.	Arm Pull & Awards
2:45 p.m.	Wrist Carry & Awards

#### **SUNDAY | MARCH 2**

Grades 1-2 & 7-8

9 a.m.	Registration
9:45 a.m.	Coaches' meeting
10 a.m.	Welcome!
10:15 a.m.	Kneel Jump & Awards
Noon	Best Banner Award
12:30 p.m.	Inuit/Eskimo Stick Pull & Awards
2:30 p.m.	Seal Hop & Awards

#### FREE PARKING AT DESIGNATED LOTS

\* Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests.

For more information contact nyo@citci.org