

# 2024 Sr. GAMES

ALASKA AIRLINES CENTER, UAA CAMPUS | ANCHORAGE | APRIL 25-27



NYO is a year-round program that has a quantifiable positive impact on more than 2,000 youth each year.

In a survey emphasizing NYO's impact, 337 NYO athletes in grades 7-12 who competed in the 2023 Sr. Games offered the following insight:

- **77%** credited NYO as an incentive to **stay in school**.
- **69%** improved or maintained good grades in order to continue participation in NYO games.
- **45%** indicated a better understanding of the importance of a **healthy lifestyle**.
- **83%** see themselves as a **role-model** for future NYO athletes
- **96%** learned about **Alaska Native culture** and values
- **91%** developed new friendships with other athletes, coaches, and teachers
- **58%** indicated they practice **4 or more hours** per week

 NYO Games Alaska & Cook Inlet Tribal Council, Inc.

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## THURSDAY | APRIL 25

- 9 a.m. *Registration*
- 10 a.m. *Coaches' meeting*
- 11 a.m. *Cultural performance*
- 11:30 a.m. **Opening Ceremonies**
- 12:30 p.m. **Toe Kick & awards**
- 2 p.m. **Wrist Carry & awards**
- 4:30 p.m. **Alaskan High Kick & awards**

## FRIDAY | APRIL 26

- 9 a.m. *Registration*
- 9:30 a.m. *Coaches' meeting*
- 10 a.m. **Scissor Broad Jump & awards**
- 11:30 a.m. *Celebration of Graduates & Blanket Toss*
- 12 p.m. **Eskimo Stick Pull & awards**
- 2:30 p.m. *Academic Excellence awards & NYO Academic Scholarship award*
- 2:45 p.m. **One-hand Reach & awards**
- 4:30 p.m. **Two-foot High Kick & awards**

## SATURDAY | APRIL 27

- 9 a.m. *Registration*
- 9:30 a.m. *Coaches' meeting*
- 10 a.m. **Kneel Jump & awards**
- 11:30 a.m. **Indian Stick Pull & awards**
- 1 p.m. **One-foot High Kick & awards**
- 3:30 p.m. **Seal Hop & awards**
- 5 p.m. **Closing Ceremonies & awards**

FREE PARKING IN DESIGNATED LOTS

Dates and times are subject to change; timing of each event is estimated and dictated by length of individual contests

For more information, visit [nyogames.com](https://nyogames.com)

